



General Customer Information – Our Pool Rules – Whanganui East

Common Rules

- ! No running around poolside
- ! No bombing/flips from poolside. Diving board activity only.
- ! No penguin dives
- ! Keep off the lane ropes
- ! No glass in the facility
- ! Pool kickboards are not to be stood on or jumped off
- ! No unsafe diving or jumping off poolside, diving unassisted is only allowed in deep end of the main pool
- ! Equipment provided to swimmers is not to be used for play fighting

Swimmer Dress Policy

Swimmer dress policy is communicated throughout the facility and as below

- ! No underwear allowed (this includes boxers)
- ! No baggy/loose t-shirts. Rash shirts are preferred due to the light weight material.
- ! Shorts must be above the knee
- ! Children under 3, must wear 'little swimmers' or equivalent (not general nappies as they become heavy and dangerous) – this is to avoid faecal incidents
- ! No street clothing

The below exceptions may apply;

- Clothing worn for training purposes
- T-shirts worn to avoid sunburn or for medical reasons
- In fitness classes where appropriate (e.g. exercise tights in floatfit)

Lane Swimming Etiquette

Public lane swimming is clockwise direction.

Pool Specific Rules

The below are lifeguard-controlled pools, the common rules, pool alone policy, swimmer dress policy and lane etiquette apply;

Main 33m Pool

- No swimming into the Diving board area
- Lifeguards will identify and move any high-risk pool users to shallow water where necessary.
- Shoulder rides are only allowed in deep water, and away from walls

Diving board

- No patrons are to use diving board without approval from Pool staff/Lifeguards.
- This activity does not have an age limit, but all diving board users must be able to swim confidently from the diving board to the side of the pool
- No other swimmers are to be in the diving area when open and in use.
- Only one person at a time on the board. This includes no standing on the end of the board while waiting for the first person to jump/dive.
- Once the diving area is clear, the lifeguard will signal for the next user to go.

Learners Pool

- No diving



- No jumping off the sides due to the height of the walls to the ground
- Due to the gradual change in pool depth, children under 8 must be actively supervised as per the Pool Alone Policy

Hydroslide

Due to the strong undercurrent in the slide exit pool, the following rules always apply:

- Children under the age of 1 year are not permitted on the slide.
- Children between the age of 1 and 5 must be accompanied as per the Pool Alone Policy and due to the depth of the slide exit pool. *Please note, we do not recommend using the slide with under 3's.
- Children between the age of 5 and 8 can use the slide by themselves but MUST meet the 1 metre height requirement, if they do not meet 1m requirement they are consider the same as an under 5, and be with a paying parent/caregiver. The parent/caregiver needs to be in the immediate vicinity of the slide exit chute.
- Feet first at all times (on back or belly)
- Wait for the green light before entering the slide (a minimum of one green light between entries, if going in pairs its recommended to wait two lots of green lights before entering due to speed)
- Maximum of two people at a time. It is not recommended for two teenagers/adults to go at same time in same slide.
- Exit the slide immediately using the slide steps.



POOL RULES

LISTEN

Please listen to our lifeguards

DRESS TO IMPRESS

**Swimming togs only
Shorts must be above the knee**

ACTIVELY SUPERVISE

**Please actively supervise children
and those at risk**

THE FLOOR IS SLIPPERY

Please take care and walk slowly

SAFE ENTRIES AND EXITS

**Our pools are not deep
Please enter and exit pools safely**

EMERGENCIES

**If you hear three whistles or alarms, please
exit the water and follow the instructions**